

Beaches

Directions from Saybrook Point Inn

Old Saybrook Town Beach Great Hammock Rd, Old Saybrook, CT (7min)

(Seasonal Passes issued through Parks and Rec)

Make a left out of the parking lot onto Bridge St/Rt. 154 West. Go over the causeway following Rt. 154 West for about 2.5 miles. At the stop sign, bear slight left onto Summerfield Rd/Rte. 154 W. Continue to follow Rte 154 West for .8 miles. Town Beach will be on your left hand side. Parking is available on both sides of the street with a parking pass available through Parks & Recreation.

Harvey's Beach, Great Hammock Rd, Old Saybrook, CT (860) 395-3152 (7 min) Make a left out of the parking lot onto Bridge St/Rt. 154 West. Go over the causeway following Rt. 154 West for about 2.5 miles. At the stop sign, bear slight left onto Summerfield Rd/Rte. 154 West. Continue to follow Rte 154 West for about 1 mile. You will pass the Town Beach on your left. Harvey's Beach will be on your left hand side down a small gravel driveway. If you get to Walker Avenue you have gone too far.

Hammonasset State Beach, 1288 Boston Post Rd, Madison, CT (203) 245-2785 (20 min) ~ Follow Rt.154 East to I-95 South. Take Exit 62 off I-95. Take a left at the end of the exit and go approximately 1 mile. Go straight through the traffic light crossing Rt. 1 (Boston Post Road) into the park.

Ocean Beach Park, 97 Neptune Ave, New London, CT 06320 (860) 447-3031 (30min) Follow Rt. 154 East to I-95 North. Take Exit 82A (Frontage Rd) to Colman Street exit. Take left onto Colman St, at the end take a left onto Bank Street and first right onto Ocean Ave. At the end of Ocean Avenue take right at blinking light. Continue straight into park entrance.

Rocky Neck State Park, 244 West Main St, Niantic, CT (860) 739-5471 (15 min) Follow Rt. 154 East to I-95 North. Take Exit 72. Follow the turnpike connector south to Rt. 156. Turn left and take Rt. 156 East for ¹/₄ mile, the park entrance will be on the right.