



FOR IMMEDIATE RELEASE

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FRESH SALT AT SAYBROOK POINT NAMED “MOST ROMANTIC PLACE TO DINE IN CT.

Old Saybrook, CT

The New York Times – inspired ‘*Eat This, Not That!*’, has named Fresh Salt as the Most Romantic Place to Dine in Connecticut.

Uniquely situated where the Connecticut River meets the Long Island Sound, Fresh Salt restaurant at Saybrook Point Resort & Marina has always been a favorite for date night and romantic dining. Fresh Salt has been awarded the “Most Romantic Place to Dine in Connecticut” by one of the world’s leading authority’s on food, nutrition, and health - *Eat This, Not That!* which was inspired by *The New York Times* best-selling book series of the same name. Fresh Salt now joins the ranks shared by only one exclusive restaurant in each state to receive this prestigious national award.

Saybrook Point is a treasured and historic place, and the Fresh Salt restaurant reflects a lively diversity of seasonal menus. Led by Executive Chef Jeffrey Renkl and his culinary team, menus offer a simple, high-quality approach of transforming fresh ingredients that are sourced locally into artistic and delicious dishes. Fresh Salt is also well known for its award-winning Sunday Brunch Buffet, a year-round tradition led by Chef Bill Titus. Enjoy water view dining, outdoor seating overlooking the marina during the warmer months, an enclosed year-round porch and a warm, cozy outdoor firebar. View the complete menu at Saybrook.com. Call for reservations at 860.388.1111 or email freshsalt@saybrook.com

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About Saybrook Point Resort & Marina:

Uniquely situated in New England where the Connecticut River meets the Long Island Sound, Saybrook Point Resort & Marina is a year-round boutique resort in Old Saybrook, CT, providing personalized service in a spectacular setting for over 40 years. The independent, family-owned property features a variety of 100 elegantly appointed guestrooms among the original Inn, two luxury guesthouses, a waterfront Lighthouse Suite (voted Most Romantic Get Away in New England), and the Vacation Villas. The guest experience is complemented by a full-service Spa & Wellness Center, award-winning Marina, Health Club, seasonal Marina Bar, upscale casual dining in the Fresh Salt Restaurant and the latest addition named the Choo Choo Lounge. The Pergola offers year-round enjoyment for events, meetings and entertaining with panoramic views of the Long Island Sound and several open-air features.

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